



### Equipment Needed:

- Throw-down bases
- Cones
- Plastic or foam bats and balls
- Bucket

## MINI-GAME

## BASEBALL / SOFTBALL

**TYPE: FUN**

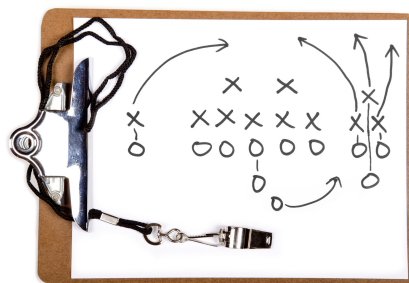
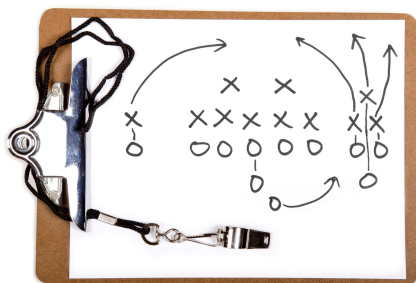
**DIFFICULTY: EASY**

**AGE RANGE: 5-12**

## DRILL DESCRIPTION

### Setup

- Youth will participate in a modified mini-game. The players will be split into 2 teams; one starting on offense and one on defense. This can be played with as little as 3 or 4 youth on each team. Bases are put in a diamond at a shorter distance where youth running



### Object

- The object for the offense is to hit the ball and run to 3rd base before the defense gets the ball in the bucket. If successful, the offense receives a point although no scoring is necessary. The defense's goal is to get the ball in the bucket before the player reaches third base. If successful, the batter is "out." However, the teams do not switch when 3 "outs" are recorded. Instead, everyone from the offense must hit at least once, depending on the amount of players per team before switching sides
- With a coach as the pitcher, players hitting will be given a few practice swings before the coach announces that the hitter will be running. The coach does not need to wait for the defense to field the ball before throwing the next pitch. This not only gives the batter a few attempts without having the pressure of making contact on the first try but also gives the defense more balls to field. When the player hits the ball on the pitch they are running on, the player attempts to run the bases and get to 3rd base before the defense gets the ball in the bucket. The bucket can be placed anywhere in the outfield or infield!

### Instructions to youth

- Pay attention, communication, and teamwork on defense