

## Equipment Needed:

- Balls (bucket)
- Targets (spare buckets)
- Bats

# HITTING



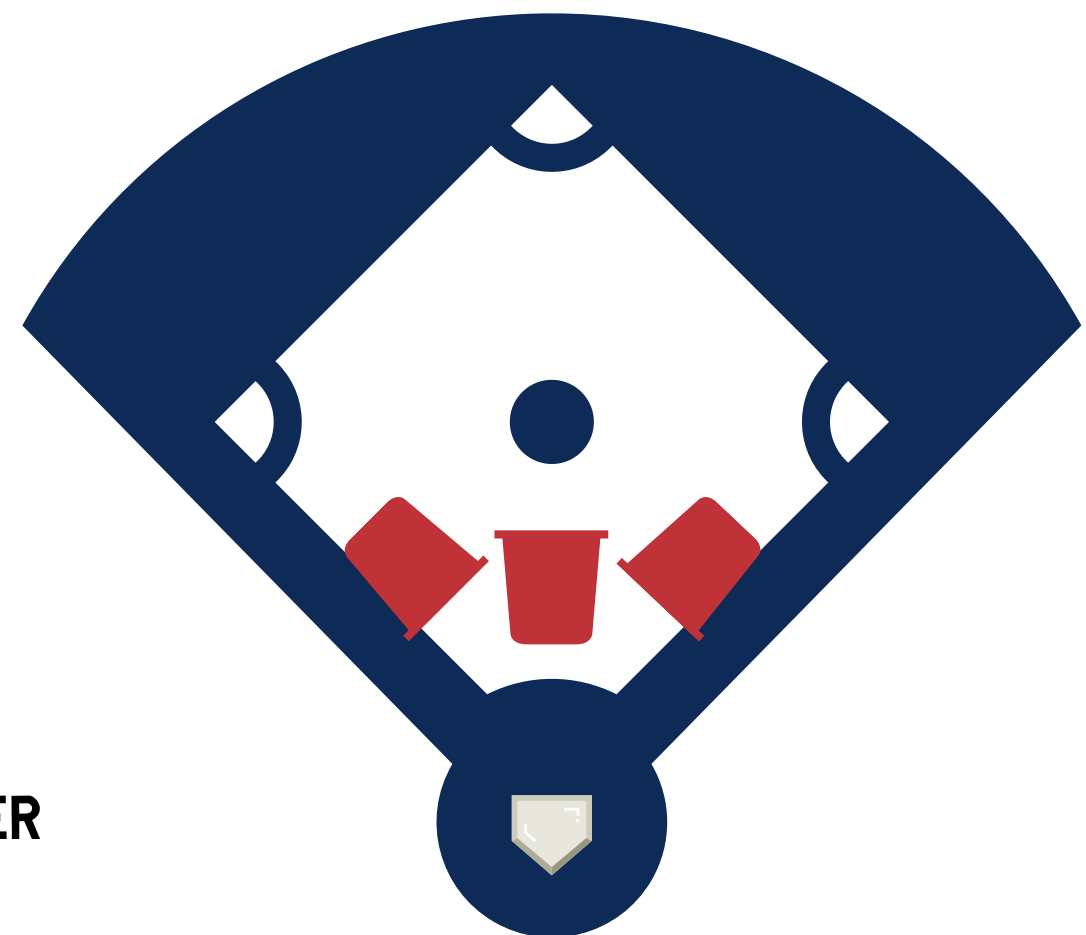
## BUNTING TARGET PRACTICE

### Setup:

- Bucket of balls placed in line with Home Plate, around 10-15 feet away
- Two empty buckets placed down the foul lines on their side with the open end facing home plate approximately 15-20 feet away
- Players waiting to hit are spread out on the field and help clear field after each hitter



- +5** BUNT INSIDE 1ST/3RD BASE BUCKET
- +4** HITTING 1ST/3RD BASE BUCKET
- +3** SUCCESSFUL BUNT TO 1ST/3RD BASE SIDE
- +1** SUCCESSFUL BUNT HIT IN FRONT OF THE CATCHER
- +0** BUNT HIT DIRECTLY TO PITCHER OR FOUL



### Instructions:

- Hitters get set in batters box to receive 5 pitches from the coach
- Hitters aim to bunt the ball in play to score points based on where their bunt goes
- The player, or team, with the highest total after 3 rounds wins

## FENWAY FUNDAMENTALS

Many hitters fall into the trap of trying to "push" the ball with the bat when bunting. This can result in mis-hits and issues when trying to get the bunt down. Instead, focus on "catching" the ball with the bat. This will help soften contact and help create better bunts!



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